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# Counseling and School Psychology

In the College of Education

**OFFICE: North Education 179**

**TELEPHONE: 619-594-6109 / FAX: 619-594-7025**

Accredited by the California Commission on Teacher Credentialing and the National Association of School Psychologists.

## Faculty

Emeritus: Cummins, Feinberg, Hawley, Howard, Miller,  
O'Shaughnessy, Ramage, Senour, Terry-Guyer, Thompson

Chair: Robinson-Zañartu

Professors: Cook-Morales, Ingraham, Monk, Robinson-Zañartu

Associate Professors: Green, Taylor

Assistant Professors: Booker, Butler-Byrd, Hatch, Lambros Ortega,  
Lim

## Offered by the Department

Educational Specialist degree in school psychology.

Master of Arts degree in education.

Concentration in counseling.

Master of Science degree in counseling.

Concentration in marriage and family therapy.

Concentration in school counseling.

Pupil personnel:

School counseling credential.

School psychology credential.

Minor in counseling and social change.

## Counseling and Social Change Minor

The minor in counseling and social change consists of a minimum of 18 units, at least 12 units of which must be upper division selected from Counseling and School Psychology 320, 400, 401, 460, and three units selected from counseling and school psychology, child and family development, general studies, psychology, social work, sociology, or women's studies. Elective units must address central themes of the minor and be selected with consent of counseling and school psychology undergraduate adviser.

A minimum of six upper division units must be completed in residence at San Diego State University.

## Courses (CSP)

Refer to *Curricula and Courses and University Policies* sections of this catalog for explanation of the course numbering system, unit or credit hour, prerequisites, and related information.

### UPPER DIVISION COURSES (Intended for Undergraduates)

#### CSP 300. Stress Management and Life Planning (3) [GE]

Prerequisite: Completion of the General Education requirement in Foundations of Learning II. B., Social and Behavioral Sciences.

Effects of stress on physical and psychological states and life choices. Stress management practices that contribute to optimal health and productive life planning.

#### CSP 310. Group Leadership in Educational Settings (3)

Two lectures and two hours of activity.

Prerequisites: Anthropology 102 or Psychology 101 or Sociology 101; and completion of 60 units.

Identifying, classifying, and analyzing the components essential to development of leadership in educational settings. Simulation activities assist students in acquisition of group leadership skills.

#### CSP 320. Counseling Skills and Practice (3)

Basic counseling skills with focus on how they affect and may be applied within cultural interactions and for social change.

#### CSP 400. Counseling and the Helping Professions (3)

Serves as an introduction to the field of counseling and introduces the student to those professions considered to be helping professions.

#### CSP 401. Quest for Identity (3)

Impact of interpersonal, social, and cultural variables on understandings of self, relationships, and the world. Social construction of multiple identities. Meaning and salience of fluid identity development.

#### CSP 420. Popular Culture and Counseling (3) [GE]

Prerequisite: Completion of the General Education requirement in Foundations of Learning II.B., Social and Behavioral Sciences.

Impact of popular culture on personal functioning and well-being. Meaning and salience of popular culture, social construction of popular culture in society, and convergence of popular culture and counseling.

#### CSP 450. Marriage and Family Therapy (3)

Prerequisite: Minimum of 15 units of coursework from Child and Family Development, Psychology, or Social Work.

Profession of family therapy. Problem formation and resolution processes that take place in families and other close relationships. Application of concepts within diverse contexts to one's own family experience.

#### CSP 460. Counseling and Social Change (3)

Role counselors and helping professionals play in addressing social justice issues pertaining to race and ethnicity, disability, gender and sexual orientation, socioeconomic disadvantage and research.

#### CSP 496. Experimental Topics (1-3)

Selected topics. May be repeated with new content. See *Class Schedule* for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degrees.

#### CSP 499. Special Study (1-3) Cr/NC

Prerequisites: Consent of instructor. Open only to senior and graduate students in education who have shown ability to work independently. Individual study. Maximum credit six units.

### UPPER DIVISION COURSE (Also Acceptable for Advanced Degrees)

#### CSP 596. Selected Studies (1-3)

Prerequisite: Consent of instructor.

A series of lecture and discussion sessions centering on current problems in counseling and guidance. Designed to serve the needs of any person desiring to keep informed of developments in this area. May be repeated with new content. See *Class Schedule* for specific content. Credit for 596 and 696 applicable to a master's degree with approval of the graduate adviser.

### GRADUATE COURSES Refer to the *Graduate Bulletin*.

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CSP