Child and Family Development
In the College of Education

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Faculty
Emeritus: Balkwell, Cannon, Dorris, Deutsch, Hewes, Ross
Chair: Ritblatt
Professor: Roberts
Associate Professors: Hokoda, Ritblatt
Assistant Professor: Kay
Lecturers: Booth, Gardner

Offered by the Department
Master of Science degree in child development.
Minor in child development.
Certificate in family life education.
The Major
The interdisciplinary major in child development draws from many fields of study, including biology, psychology, and sociology, and prepares students for a variety of professional specialties. Graduates with competencies in this major find positions in preschools, child care centers, schools, hospitals, clinics, residential institutions, counseling centers, mental health centers, social services and public welfare agencies, family service agencies, family planning clinics, community programs, business and industry, and government agencies.

Field experience programs offer students supervised work in community agencies, children’s programs, the SDSU Children’s Center, and San Diego City Schools. All children’s programs are mainstreamed and a wide range of special needs and at-risk populations are served.

The child development degree also provides a flexible curriculum base for continuation into graduate programs in child development or family relations. Majors may also continue graduate work in related fields such as marriage and family therapy; speech, occupational and physical therapy; social work; psychology; law; or sociology. Also available are programs leading to the multiple subject and single subject teaching credentials, the community college teaching credential, and a specialist credential in either special education or early childhood education.

The child development minor is an important adjunct for students in areas such as anthropology, education, nursing, psychology, recreation, social work, and sociology.

Impacted Program
The child development major is an impacted program. To be admitted to the child development major, students must meet the following criteria:

a. Complete with a grade of C or higher: Child and Family Development 135, 270, 270L (1 unit), 272, 275, Biology 100; Psychology 101; Sociology 101; and Psychology 280, or Sociology 201, or a three unit elementary statistics course. These courses cannot be taken credit/no credit (Cr/NC).
b. Complete a minimum of 45 baccalaureate level semester units (a minimum of 60 units are required for all transfer applicants);
c. Have a cumulative GPA of 2.40 or higher.

To complete the major, students must fulfill the degree requirements for the major described in the catalog in effect at the time they are accepted into the premajor at SDSU (assuming continuous enrollment).

Major Academic Plans (MAPs)
Visit http://www.sdsu.edu/my-map for the recommended courses needed to fulfill your major requirements. The MAPs Web site was created to help students navigate the course requirements for their majors and to identify which General Education course will also fulfill a major preparation course requirement.

Child Development Major
With the B.S. Degree in Applied Arts and Sciences
(Major Code: 08231) (SIMS Code: 330909)
All candidates for a degree in applied arts and sciences must complete the graduation requirements listed in the section of this catalog on “Graduation Requirements.”
A minor is not required with this major.

Preparation for the Major
Child and Family Development 135, 270, 270L (1 unit), 272, 275; Biology 100; Psychology 101; Sociology 101; Psychology 280, or Sociology 201, or a three unit elementary statistics course. (25-26 units)

These prerequisite courses may not be taken Cr/NC. The minimum grade in each class is C or higher.

Graduation Writing Assessment Requirement. Passing the Writing Placement Assessment with a score of 10 or above or completing one of the approved upper division writing courses (W) with a grade of C (2.0) or better. See “Graduation Requirements” section for a complete listing of requirements.

Major. A minimum of 49 upper division units to include Child and Family Development 335, 353A, 353B, 353C, 370, 375A, 375B, 375C, 475, 537, 560, 575, 578, 590, and one of the two specializations listed below:

Child Development Specialist: Child and Family Development 377, 378A (1 unit), and 378B (1 unit) or 378D (1 unit), 380, 477, and 577.

Family Development Specialist: Child and Family Development 376C (1 unit), 376D (1 unit), 536, and nine units selected with the approval of the program adviser.

Child Development Minor
(SIMS Code: 330909)
The minor in child development consists of a minimum of 19 units to include Child and Family Development 270, 270L (1 unit), Psychology 101, and 12 upper division units selected from Child and Family Development courses.

Courses in the minor may not be counted toward the major, but may be used to satisfy preparation for the major and general education requirements, if applicable. A minimum of six upper division units must be completed in residence at San Diego State University.

Family Life Education Certificate
(Certificate Code: 90004) (SIMS Code: 662925)
The purpose of this certificate program is to prepare students for careers in Family Life Education (FLE). FLE is an educational program designed to strengthen relationships in the home and foster positive individual, couple, and family development. The program is designed for individuals working on degrees in child development, health science, psychology, and social work. It also provides a self-improvement opportunity for people seeking employment, promotion, or upward mobility on the job who are not enrolled in degree programs.
The certificate corresponds to the 10 content areas of FLE established by the National Council on Family Relations (NCFR): 1) Families and...

Awarding of the certificate requires completion of an approved pattern of five to six courses (15-18 units) with a grade of “C” or better in each of the courses in one of the 10 areas of FLE. Each area requires the student to take a core of nine units to include Child and Family Development 270, or Psychology 230, or Teacher Education 170. Not open to students to liberal studies majors. Not open to students with credit in Child and Family Development 270L. Prerequisites: Child and Family Development 170, 172 SDSU General Catalog 2010-2011

COURSES (CFD)

Refer to Courses and Curricula and University Policies sections of this catalog for explanation of the course numbering system, unit or credit hour, prerequisites, and related information.

LOWER DIVISION COURSES

CFD 135. Principles of Family Development (3) [GE]
Intimacy, compatibility, conflict, and communication in relationship formation and adjustment.

CFD 170. Child and Adolescent Development from a Cultural Perspective (3) [GE]
(Same course as Teacher Education 170)
Theories of human development using a cultural/ecological framework applied to case studies and direct observations. Open only to liberal studies majors. Not open to students with credit in Child and Family Development 270, Psychology 230, or Teacher Education 170.

CFD 270. Human Development Across the Lifespan (3)
Prerequisites: Psychology 101; concurrent registration in Child and Family Development 270L for one unit. Proof of completion of prerequisite required: Copy of transcript. Development from conception to old age; emphasis on biological, cognitive, and socio-emotional development. Not open to students with credit in Child and Family Development 170, Psychology 230, or Teacher Education 170.

CFD 270L. Principles of Child Development Laboratory (1-3)
Three hours of laboratory for each unit.
Prerequisites: Psychology 101; credit or concurrent registration in Child and Family Development 270. Proof of completion of prerequisite required: Copy of transcript. Multiple methods of observing and recording individual and group behavior of children. Observations required. May be repeated with consent of instructor. Maximum credit three units.

CFD 272. Child, Family, Community (3)
Prerequisites: Child and Family Development 135, 270, 270L (one unit); Sociology 101. Proof of completion of prerequisites required: Copy of transcript. Individual and family needs and the social institutions and agencies attempting to meet these needs. Social issues, service programs, program analyses, and program effectiveness emphasized.

CFD 275. Developmentally Appropriate Practices (3)
Two lectures and two hours of activity.
Prerequisites: Child and Family Development 270, 270L (one unit).

UPPER DIVISION COURSES

CFD 335. Interaction in Families (3)
Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript. Family interaction patterns throughout the life cycle in a multicultural society. Emphasis on theories, research findings, and family practices.

CFD 353A. Parenting the Young Child (1)
Prerequisites: Child and Family Development 135, 270, 270L (one unit).
Parenting from conception to age five. Attachment, temperament, behavior regulation in cultural context. Effects of parenting styles and interactions on child's developmental outcomes.

CFD 353B. Parenting the School-Age Child (1)
Prerequisites: Child and Family Development 135, 270, 270L (one unit).
Parenting the school-age child (ages 5-12). Developmental tasks, parent-child relationship, parenting styles, parents’ role as managers, parent involvement in education. Boundaries and behavioral guidelines to raise an emotionally competent child.

CFD 353C. Parenting the Teen and Young Adult (1)
Prerequisites: Child and Family Development 135, 270, 270L (one unit).
Theories and research on parenting teens and young adults within cultural contexts. Effects of parent-child relationship, parenting styles and discipline on identity formation, separation individuation, and intimacy.

CFD 370. Research, Assessment, and Evaluation of Children and Families (3)
Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript. Methods for measuring child, caregiver, and family behavior. Evaluation of reliability and validity. Includes research design, sampling techniques, data collection strategies, and values/ethics.

CFD 375A. Human Development: Infant/Toddler (2)
Prerequisites: Credit or concurrent registration in one of two required Child and Family Development 378 laboratory courses in area of specialization, selected with consent of adviser. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript. Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from conception to three years of age.

CFD 375B. Human Development: Early/Middle Childhood (3)
Prerequisites: Credit or concurrent registration in one of two required Child and Family Development 378 laboratory courses in area of specialization, selected with consent of adviser. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript. Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from age 3 to age 12. Not open to students with credit in Child and Family Development 371 and 375.
CFD 375C. Human Development: Adolescence/Adulthood (2)
Prerequisites: Credit or concurrent registration in one of two required Child and Family Development 378 laboratory courses in area of specialization, selected with consent of adviser. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from age 12 to old age. Not open to students with credit in Child and Family Development 371 and 375.

CFD 377. Adult Supervision in Child and Family Development Programs (3)
Prerequisites: Child and Family Development 375A, 375B; and two units selected from Child and Family Development 378A, 378B, or 378D. Proof of completion of prerequisites required: Copy of transcript.
Development of leadership, communication, conflict resolution, and supervision of professionals in child and family development programs.

CFD 378A. Laboratory Experiences: Infants/Toddlers (1-3) Cr/NC
Three hours of laboratory for each unit of credit.
Prerequisites: Concurrent registration in Child and Family Development 375A. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Directed experiences in mainstream settings for infants and toddlers. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor.

CFD 378B. Laboratory Experiences: Preschool/Kindergarten (1-3) Cr/NC
Three hours of laboratory for each unit of credit.
Prerequisites: Credit or concurrent registration in Child and Family Development 375B. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Directed experiences in mainstream settings for children ages 3 to 6, preschool, and kindergarten children. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor.

CFD 378C. Laboratory Experiences: Age 6 Through Adolescence (1-3) Cr/NC
Three hours of laboratory for each unit of credit.
Prerequisites: Credit or concurrent registration in Child and Family Development 375B or 375C. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Directed experiences in mainstream settings for children age six through adolescence. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor.

CFD 378D. Laboratory Experiences with Children and Families (1-3) Cr/NC
Three hours of laboratory for each unit of credit.
Prerequisites: Credit or concurrent registration in Child and Family Development 375A, 375B, or 375C. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Directed experiences in intergenerational programs. Designing and implementing developmentally appropriate interactions for children and their families/caregivers. Maximum credit three units with consent of instructor.

CFD 380. Early Literacy Development and School Readiness (3)
Prerequisites: Child and Family Development 375A and 375B; and Child and Family Development 378A or 378B or 378D. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. Proof of completion of prerequisites required: Copy of transcript.
Early development of language, baby signs, literacy, and school readiness. Focus on brain, cognition, and socio-emotional development. Applications of developmentally appropriate practice to enhance literacy and school readiness.

CFD 437. Violence in Relationships (3) [GE]
Prerequisites: Psychology 101, Sociology 101, and completion of the General Education requirement in Foundations II.B., Social and Behavioral Sciences.
Impact of relationship violence on individual development and ecological relationships. Historical and cultural contexts, child abuse and neglect, courtship violence, elder abuse, and violence in communities.

CFD 475. Promoting Behavior Support and Classroom Organization in Early Childhood Settings (3)
Individual and systems-level approach to supporting young child behavior. Strategies for self-regulation, and three-tiers intervention, in early education settings and at home, to support all children, a targeted group of children who require additional support, and individual children who require intensive support.

CFD 477. Administration of Child Development Programs (3)
Programs for young children: design, implementation, and evaluation. Research applications and legal requirements for public and private sectors.

CFD 496. Experimental Topics (1-4)
Selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree.

CFD 499. Special Study (1-3)
Prerequisite: Consent of instructor.
Individual study. Maximum credit six units.

UPPER DIVISION COURSES
(Also Acceptable for Advanced Degrees)

CFD 536. Divorce and Remarriage (3)
Prerequisites: Child and Family Development 335 and Sociology 101. Proof of completion of prerequisites required: Copy of transcript.
Integration of family theories and research findings. Emphasis on adjustment to divorce and remarriage throughout life cycles, across cultures, social classes, and ethnicities.

CFD 537. Child Abuse and Family Violence (3)
Multidisciplinary approach to child abuse and family violence including maltreatment, mistreatment, neglect, sexual abuse.
CFD 560. Theories in Socio-Emotional Development (3)
Prerequisites: Child and Family Development 375A, 375B, 375C, 475, and two units from Child and Family Development 378A, 378B, 378C, 378D. **Proof of completion of prerequisites required:** Copy of transcript.
Socio-emotional development from infancy to adulthood. Theory of mind, emotional intelligence, and relationship-based development.

CFD 575. Public Policy and Professional Ethics in Child and Family Development (3)
Prerequisites: Child and Family Development 375A, 375B, 375C, two units from Child and Family Development 378A, 378B, 378C, 378D, and Child and Family Development 536 or 537 or 590. **Proof of completion of prerequisites required:** Copy of transcript.
Public policy and professional ethics as applied to child and family development, programs, and research.

CFD 577. Advanced Administration of Child Development Programs (3)
Prerequisite: Child and Family Development 477. **Proof of completion of prerequisite required:** Copy of transcript.
Problem analysis and development of successful organizational strategies for child development program delivery. Leadership, effective communication, social and ethical issues from a multicultural perspective.

CFD 578. Conflict Resolution Across the Life Span (4)
Three lectures and three hours of laboratory.
Prerequisites: Child and Family Development 325, 370, 375A, 375B, 375C, 475, two units from Child and Family Development 378A, 378B, 378C, 378D, and Child and Family Development 537 and 560 with an overall grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.
Theories of conflict development and resolution across lifespan. Parenting styles, discipline, behavior and class management, and conflict resolution techniques used in relationships. Directed experiences using conflict resolution techniques in various settings.

CFD 590. Children with Special Needs (4)
Three lectures and three hours of laboratory.
Prerequisites: Child and Family Development 270 or Psychology 230, Child and Family Development 353A, 353B, 353C, and completion of 12 upper division units in child and family development with a grade of C (2.0) or better for majors; consent of instructor for graduate students. **Proof of completion of prerequisites required:** Copy of transcript.
Adaptive and maladaptive processes throughout life span with emphasis on emotional, psychological, and physical disorders. Etiology, development, and adjustment. Directed experience with special needs individuals and their families.

CFD 596. Advanced Studies in Child and Family Development (1-6)
Prerequisite: Nine upper division units in child and family development.
Advanced study of selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor’s degree. Maximum credit of nine units of 596. No more than six units of 596 may be applied to a bachelor’s degree. Credit for 596 and 696 applicable to a master’s degree with approval of the graduate adviser.

**GRADUATE COURSES**
Refer to the Graduate Bulletin.