College of Health and Human Services

Administration
Dean: Marilyn Newhoff
Associate Dean: Larry S. Verity
Associate Dean: Stephen J. Williams
Assistant Dean for Student Affairs: Donna M. Daly

General Information
The College of Health and Human Services offers professional education in the health and human service disciplines. The college consists of the following group of professional areas: the School of Exercise and Nutritional Sciences, School of Nursing, School of Social Work, School of Speech, Language, and Hearing Sciences, and the Graduate School of Public Health.

The College of Health and Human Services’ faculty, through teaching, advising, and supervising, offers students a balanced education of academic study, field placement, clinical experiences, and research opportunities. Thus, faculty and students share an understanding of the relationship between California’s diverse populations and life styles. The common goal of each of the college’s professional programs is to assist students in developing competence in professional practice and research methods leading to greater expertise for gathering information, planning, and evaluating professional actions. This commitment to students produces alumni who will continue to work effectively with our professional schools and departments so that the well-being of individuals, groups, and communities are both preserved and promoted.

Bachelor of Arts, Bachelor of Science, Master of Arts, Master of Science, Master of Public Health, Master of Social Work, Ph.D. in Language and Communicative Disorders, Doctor of Public Health, Doctor of Nursing Practice (DNP), Doctor of Physical Therapy (DPT), and the professional doctorate in Audiology (Au.D.), comprise the degrees conferred. In addition, students may receive state credential or state licensure, and national or state professional certification depending upon the program and the legal requirements and obligations for practicing the profession. All programs also provide continuing education for professionals already in the field.

Curricula Offered
Refer to the Courses and Curricula section of this catalog for a complete listing of program requirements and courses offered by departments within the College of Health and Human Services.

Doctoral Programs
- Audiology
- Language and Communicative Disorders
- Nursing Practice
- Physical Therapy
- Public Health (Epidemiology, Global Health, Health Behavioral Science)

Master’s Degrees
- Exercise Physiology (M.S.), Gerontology (M.S.), Kinesiology (M.A.), Nursing (M.S.), Nutritional Sciences (M.S.), Nutritional Science and Exercise Physiology (M.S.M.S.), Public Health (M.S., M.P.H., M.P.H./M.S.W., M.P.H./M.A.; jointly with the College of Arts and Letters), Social Work (M.S.W., M.S.W./M.P.H., M.S.W./J.D.; jointly with California Western School of Law), Speech, Language, and Hearing Sciences (M.A.).

Bachelor’s Degrees
- Athletic Training (B.S.), Foods and Nutrition (B.S.), Gerontology (B.A.), Health Science (B.S.), Kinesiology (B.S.), Nursing (B.S.), Social Work (B.A.), Speech, Language, and Hearing Sciences (B.A.).

Minors
- Gerontology; Health Science; Social Work; Speech, Language, and Hearing Sciences (ASL and Deaf Studies).

Certificate Programs

Credential Programs
- Child Welfare and Attendance Services, Pupil Personnel Services (School Social Work), School Nurse Services, Speech Language Pathology.

Research Centers and Institutes

Center for Alcohol and Other Drug Studies
John D. Clapp, Director
The center was established in 1985 by the School of Social Work as the Center on Substance Abuse. In 2003, the emphasis was changed to research and evaluation, while maintaining its primary service program, a drunk driving education and treatment program. The center is actively engaged in conducting alcohol and other drug research and evaluation projects. Over the past decade, the center has received numerous federal, state, and county grants and contracts and has several ongoing projects including the NIH-funded College Party and Bar Environmental Prevention Project and an Evaluation of California’s State Prevention Grants. In addition, the center operates the Central District Driving Under the Influence Program, which provides education and counseling services for court-ordered offenders in the central judicial district of San Diego county. The center is located at 6356 Alvarado Road, Suite 224, 619-229-2340. The Central District Driving Under the Influence Program is located at 9245 Sky Park Court, Suite 101, 858-467-6810. Visit http://www.centerforaod.sdsu.edu for more information.

University Center on Aging
Anita S. Harbert, Director
The University Center on Aging is administered by the School of Social Work. The center is involved with supporting interdisciplinary educational and curriculum efforts; undertaking research, demonstration and evaluation activities; providing technical assistance and agency consultation for the community; coordinating workshops and seminars; and providing opportunities for student involvement in aging activities. The center serves as a central point for the development, dissemination, and analysis of data related to diversity and aging and long-term care. Learn more about the center at http://socialwork.sdsu.edu/coa/.

Center for Behavioral and Community Health Studies (BACH)
John P. Elder, Director
Terry L. Conway, Linda C. Gallo, Joni A. Mayer, and Gregory A. Talavera, Associate Directors
The Center for Behavioral and Community Health Studies (BACH) is housed at 9245 Sky Park Court, Suite 221, San Diego, CA 92113. The center, formerly known as The Center for Behavioral Medicine, was established in 1982 for the purpose of promoting research and academic programs relevant to the applications of behavioral science principles to medicine and health care. The center has seven investigators from three different colleges. The interdisciplinary center encourages participation from all of the university colleges and departments. Currently, active investigators come from the Departments of Exercise and Nutritional Sciences, Psychology, and the Graduate School of Public Health. Current center projects involve collaboration between scientists and clinicians from a variety of specialties as well as a variety of other institutions, including Scripps Clinic and Research Foundation, the University of California, San Diego Medical Center, and the Children’s Hospital and Health Center. Funding for the center comes from federal and private foundation grants including several
National Institutes of Health agencies. Current sponsors include the National Cancer Institute, National Heart, Lung and Blood Institute, the State of California Department of Health Services, and the University of California Tobacco Related Disease Research Program.

The center provides important research experiences to diverse students who intend to pursue related careers and offers opportunities for project staff and graduate students to participate in community interventions. Visit http://behavioralhealth.sdsu.edu to learn more.

Center for Behavioral Epidemiology and Community Health
Melbourne F. Hovell, Executive Director

Administered through the Graduate School of Public Health, the center was established for the purpose of promoting research to study behavior that prevents or contributes to the cause of disease and injury. Both non-intervention and empirical studies are conducted to determine the factors most responsible for lifestyle practices related to morbidity and mortality. The center focuses on health related behavior – either protective practices or risk practices – and has been concerned with a wide range of public health and medical concerns such as: tobacco prevention in youth; environmental tobacco exposure reduction in children; STDS, AIDS, pregnancy prevention in adolescents, and prevention in women and divorced adults; violence and anger prevention. C-BEACH conducts scientific investigations into the following broad areas: behavioral epidemiology, measurement, and interventions (clinical and community-based). For more information, visit http://wwwisci.sdsu.edu/c-beach/

California Distance Learning Health Network (CDLHN)
Richard M. Gersberg, Principal Investigator

Founded in 1995, the mission of CDLHN is to produce, promote, and provide training and distance education on a variety of public health topics throughout California, the nation, and around the world. CDLHN's goal is to foster collaboration between health organizations and distance learning educators; and to increase access to the most advanced communication technologies available in the world today. CDLHN produces and promotes courses on a variety of public health topics of benefit to the public health workforce, health care workers as well as interested individuals in the general public. Recent productions include Responding to Bioterrorism: How to Set up Mass Vaccination Clinics, and an important and timely production on Pandemic Avian Flu. Productions and program materials are in both English and Spanish. CDLHN has formed strategic local (San Diego County Department of Health Services), state (California Department of Health Services, Immunization Branch), national (Federal Centers for Disease Control) and international partnerships with academic institutions, private organizations, and government agencies. CDLHN is a leader in distance learning efforts and will continue to make learning without limits a reality. Visit http://www.cdln.com to learn more.

Consensus Organizing Center
Jessica Robinson, Director

The Consensus Organizing Center is administered through the School of Social Work. The center's mission is to educate and train a new generation of social workers in community building techniques in order to make them effective catalysts for civic engagement and social change. Through school based programs and community interventions, the center has created an environment for the teaching of consensus organizing skills to social workers, high school students, foster youth, and community leaders. Specific activities include developing a fellowship program for K-12 school students and provide employment opportunities for undergraduate and graduate students.

The center can be contacted at 619-594-4813 or at http://www.consensus.sdsu.edu.

Heart Institute
Christopher C. Glembotski, Director

The Heart Institute is sponsored by the College of Health and Human Services and the College of Sciences. The goals of the institute are to enhance basic and clinical research in the cardiovascular sciences, to foster undergraduate and graduate education in cardiovascular physiology and medicine, and to provide a community outreach service focused at heightening the awareness of cardiovascular disease and its prevention in the San Diego region surrounding SDSU. The institute is comprised of faculty members representing four different colleges at SDSU, as well as physicians and scientists from local hospital and clinical research centers. Importantly, the institute also sponsors SDSU undergraduate and graduate student memberships, which strengthens the involvement of students in all aspects of Heart Institute activities.

The unusual blend of talent and expertise that comprise the institute membership results in an interdisciplinary approach to cardiovascular research, education and community outreach that is unique to the Heart Institute. The institute sponsors special seminars, on- and off campus, which cover a wide range of topics in the field, and provides funding for the support of graduate students who are involved in cardiovascular research at SDSU. Areas of focus for the institute include studies of the molecular basis of cardiovascular disease, establishment of unique approaches for the early detection and prevention of cardiovascular disease, and the promotion of cardiovascular health in San Diego area K-12 schools. An important feature of these efforts that distinguishes the Heart Institute is the central role that SDSU students play in each of these areas. Funding for Heart Institute activities comes from a variety of sources, including the National Institutes of Health, the American Heart Association, the Muscular Dystrophy Association, the Rees-Stealy Research Foundation, and several San Diego-based biotechnology companies. For more information contact the Heart Institute office at 619-594-5504 or at http://www.bio.sdsu.edu/heart/sdshome.htm.

Center for Injury Prevention Policy and Practice
David W. Lawrence, Director

The Center for Injury Prevention Policy and Practice was founded in 1986 and is administered through the Graduate School of Public Health. Its mission is to reduce death and disability from injuries by fostering effective injury prevention programs, policies and systems. Current programs: 1) SafetyLit, a Web-based research literature archive and weekly summary of recent injury prevention research, published in collaboration with the World Health Organization. 2) The California Older Adults Traffic Safety Project involves coordinating a multi-agency, public-private task force charged with developing and implementing a wide range of traffic safety policies. Related activities include developing professional education programs for physicians, nurses, and occupational therapists. 3) The California Maternal and Child Health Injury Prevention Program provides in-depth technical assistance to state and local MCH agencies. 4) The California Conference on Childhood Injury Control is an annual four-day meeting where 60 faculty provide training to approximately 400 people each year. 5) The California Kids Plates Program provides more than $300,000 annually in grants to regional, county, and local injury prevention programs. 6) The Children's Safety Network Economics and Data Analysis Resource Center serves state health and education agencies to determine the incidence, risk factors, and costs of unintentional injuries and violence to children and adolescents. Major funding for the Center is through long-term contracts with the US DHHS Health Resources and Services Administration, the California Department of Health and Human Services, and the California Office of Traffic Safety. Contact the director at david.lawrence@sdsu.edu, 619-594-1994, or visit the Web site at http://www.cippp.org/.
Institute for Nursing Research
Diane Hatton, Director
Admistered through the School of Nursing, the purpose of the institute is to promote collaboration in the conduct, dissemination, and utilization of nursing research which will contribute to the quality of patient care and service. The institute provides a forum for research interests and activities, and also fosters collaborative research efforts among institute nurse clinicians and SDSU Nursing faculty. This includes identifying research priorities for individual and multi-site research projects, and providing consultation for design, method, analysis, computer services, instrumentation, and manuscript preparation. The institute also facilitates the dissemination of research findings. Additional information is available at http://nursing.sdsu.edu.

Center for Optimal Health and Performance (COHP)
The Center for Optimal Health and Performance (COHP) is a service unit within the School of Exercise and Nutritional Sciences. The center provides services to community members in the assessment of bone health and occasionally other areas such as physical fitness, diet, and cardiovascular risk. COHP is a co-sponsor with the Aztec Recreation Center to provide supervised exercise programming for adults, focusing especially on the middle and senior years. Target populations include (1) people interested in improving their physical fitness, physical activity, and nutritional behaviors, and: (2) people seeking advice to prevent inactivity related chronic diseases. Committed to the promotion and support of active living and healthy eating, the center serves as an educational medium for undergraduate and graduate students to gain hands-on experience in exercise and nutritional assessments, counseling, and exercise leadership. COHP operates cooperatively with the SDSU Center for Behavioral Epidemiology and Community Health and in collaboration with the Bone Health Unit. Learn more about the center at http://www.cohp.sdsu.edu.

Academy for Professional Excellence
Jennifer Tucker-Tutlow, Director
The Academy for Professional Excellence, administered through the School of Social Work, was established in 1996 with the mission to provide quality training and organizational support to health and human services agencies in the Southern California Region including the counties of Imperial, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara, and Ventura. The goal of the center is to make university faculty and staff available to public and private social services agencies in the region by providing expertise and technical assistance in curriculum development, in-service training, organizational development, evaluation, and research. The academy develops high quality competency based curriculum on select topics for social services agencies in the region; provides quality training to service providers and administrators employed in social services agencies; engages in research and evaluation to improve the quality, accountability and responsiveness of human service agencies; and, develops highly competent executives in the Southern California region who will have the skills, knowledge, and experience to effectively guide organizational change and development.

The academy has extensive experience in managing contracts with multiple partners and organizations/agencies, providing specialized services, including: curriculum development, multi-disciplinary competency-based trainings, workforce analysis, staff retention consultation, research, organizational development and organizational needs assessment, technical assistance and evaluation. Funding sources are grants and contracts from federal, state, and county government agencies as well as private non-profit agencies.

The academy is located at 6855 Alvarado Road, Suite 107, and can be reached at 619-594-3546 or at http://pcwta.sdsu.edu.

Institute for Public Health
Suzanne P. Lindsay, Executive Director
Administered through the Graduate School of Public Health, the mission of the institute is to serve as a vehicle for the development and support of functional linkages between the SDSU Graduate School of Public Health, local public health agencies, and private organizations in the San Diego community and neighboring areas, including Mexico. These linkages expand the availability of university-based public health expertise, research and information in the areas of epidemiology, biostatistics, health promotion and behavioral science, occupational and environmental health, maternal and child health, health services management and policy, and global/border health. Specific activities include collaborative research, technical assistance, program evaluation, consultation, continuing education and professional development, student field placement, faculty/practitioner exchange, information dissemination, and various service activities. The institute serves to bridge public health academics and practice by facilitating meaningful partnerships between faculty, students, and local practitioners. Visit the institute online at http://ipsh.sdsu.edu.

Institute for Public Security and Health (IPSH)
Marilyn Newhoff, Executive Director
The SDSU Institute for Public Security and Health (IPSH) provides an opportunity to build on existing SDSU strengths and facilitate cross-college efforts. The Colleges of Health and Human Services, Sciences, Engineering, Professional Studies and Fine Arts, Business Administration, and Arts and Letters are actively working with each other on many aspects of public security and health. The institute provides an interdisciplinary vehicle by which the colleges and programs collaborate in research and teaching related to prevention, preparedness, response, and recovery for natural and man-made disasters. The institute also includes a focused response group that can provide the capacity to respond to local and regional disaster response efforts. In this way, the participants from both the university and the community directly and strategically impact regional and global preparedness and response efforts, and provide positive leadership through the interdisciplinary service.

The primary mission of the IPSH addresses public security and health issues, particularly those requiring educational, scientific, technical, and analytical expertise, and translates them into immediate application and service to the community. With the new Homeland Security master’s degree and the Global Emergency Preparedness and Response master’s degree, SDSU has two premier academic programs that specifically link faculty, staff, and students to the educational preparation for addressing disasters, both man-made and natural, for actual response from planning to implementation and evaluation.

By focusing on the planning, action-oriented preparation, and rapid deployment of capabilities for such emergencies and disasters, SDSU is able to provide critical assistance and engage with our campus community and beyond. These activities build regional and global capacities and capabilities to better respond to, and recover from, emergencies and disasters. In addition, SDSU makes connections among countries and assists people and groups in disaster-torn regions, on an ongoing basis. The institute serves as the umbrella entity to house the Center for Homeland Security Technology Assessment (College of Sciences).

Sharp Healthcare Professional Education and Research Institute
Marilyn Newhoff, Director
The institute serves to create a focus for excellence in healthcare education and research, advancing theory and practice in health services. Researchers conduct relevant healthcare research; clinical internships are provided, including in the Sharp Healthcare environment, to talented and promising future healthcare employees; guest lectures, seminars, and workshops are sponsored on emerging healthcare topics; and doctoral projects addressing critical issues in Sharp Healthcare and beyond foster mentoring and advanced applied clinical practice.

Social Policy Institute
Loring Jones, Coordinator
Administered through the School of Social Work, the mission of the institute is to assist local, state and national public and private sector leaders in the development of policies and programs that focus on family and community well-being. The institute is particularly focused on prevention programs that reduce adverse outcomes for vulnerable individuals, families, and communities. To this end, we assist with community needs assessments, as well as program development and evaluation. The Social Policy Institute has prepared a training manual and CD-ROM for home visitors and case managers working with vulnerable families and has recently conducted community needs assessments surveys in British Columbia and California. Our focus is on the purpose of policy and program development. A computerized information system to provide decision and evaluation support to human services agencies has been developed and is available through the San Diego State University Research Foundation Technology Transfer Office.